

## **PAULA MORENO MERINO**

Doctor in Psychiatry

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### **WORK EXPERIENCE:**

**August 2017 – Present**

Community Mental Health Unit in Estepona (Málaga).  
Andalusian Health System (Social Security).  
Specialist Doctor in Psychiatry (adults, children, and adolescents)

**October 2017 - Present**

Triay Medical Centre Specialist Doctor in Psychiatry, private sector.

**August 2017 - Present**

Los Reales Medical Center. Estepona (Málaga). Specialist Doctor in Psychiatry, private sector.

**April 2018 - Present**

Mar Medical Center. Estepona (Málaga). Specialist Doctor in Psychiatry, private sector.

**December 2017 - December 2019**

Cortijo Care Hospital (Marbella, Málaga) Specialist Doctor in Psychiatry, private sector.

**August 2017 - December 2018**

HC Marbella Hospital (Málaga). Specialist Doctor in Psychiatry, private sector.

**July 2017**

Community Mental Health Unit in Algeciras (Cádiz). Andalusian Health System (Social Security). Specialist Doctor in Psychiatry.

**June 2017 - August 2017**

Sierra Blanca Drivers Medical Center (Málaga). Doctor in charge of medical examinations and certificates.

**August 2015 - November 2015**

Llucmajor Medical Specialties Center, Mallorca. Specialist Doctor in Psychiatry, private sector.

**August 2015 - October 2015**

Eating Disorder Unit. Hospital Son Espases, Palma de Mallorca. National Public Health System. Specialist Doctor in Psychiatry.

**May 2011 - August 2015**

Son Llätzer Hospital, Palma de Mallorca. Mental Health Resident Doctor in Psychiatry.

## EDUCATION:

2021 – 2023 Master's in Legal and Forensic Psychiatry at the Complutense University of Madrid.

2020 – 2021 Master's in Healthcare Management and Leadership at the University of Barcelona and OBS Business School.

2020 – 2021 Expert in Child and Adolescent Psychiatry. Postgraduate training, still in progress. IL-3 Continuous Training Institute. University of Barcelona. 25 ECTS credits.

2016 – 2017 United States Medical Licensing Examination (USMLE): USMLE Step 1, USMLE Step 2: Clinical Knowledge, USMLE Step 2: Clinical Skills.

2011 – 2015 Son Llàtzer Hospital (Palma de Mallorca, Spain). Psychiatry Resident Doctor.

March to June 2015: External Rotation in the research department at Zucker Hillside Hospital (New York), focused on first episodes of schizophrenia.

2004 - 2010 University of Granada (Granada, Spain).

Bachelor's Degree in Medicine, having taken the following optional and elective courses:

- Anthropology and Human Evolution (With Honors).
- Genetics and Genomic Medicine (Outstanding).
- Inequality and Cooperation in Health.
- Computerized Statistical Analysis of Medical Data.
- Physiology of Physical Activity and Sports (With Honors).
- Dermocosmetics and Social Dermatology (Outstanding).
- Introduction to Pathology and Laboratory Techniques (Outstanding).
- Stem Cells in Histology (Outstanding).
- Update Course on Lower Limb Injuries.
- Basic Clinical Electrocardiography Course.
- Summer Clinical Internship at Costa del Sol Hospital (Marbella).

## TRAINING COURSES:

- In-Person Workshop: "How to Publish Scientific Articles in International Journals," Málaga, October 26, 2017.
- Online Course on "Care for People with Intellectual Disabilities and Mental Disorders" (from October 2, 2017, to November 28, 2017).
- Online Course: "Synergies in Psychiatry 2.0."
- "Best of ECNP 2014" Congress Online, December 4, 2014.
- Theoretical-Practical Update on Child and Adolescent Mental Health IV. Son Espases University Hospital, January 2014 to November 2014.
- Early Stages of Psychosis Online, July to October 2014.
- Educational Seminar for Mental Health Professionals of IB-Salut, September 10, 2014.
- Society and Mental Health: Open Dialogue. Inca, May 16, 2014.
- Applied Research Methodology in Healthcare Online, January 2013 to March 2014.
- PubMed Course: Bibliographic Search in the MEDLINE Database. Palma de Mallorca, January 30, 2014.
- Web of Science and Journal Citation Reports: Impact Factor and Other Indices. Palma de Mallorca, December 4, 2012.
- Psychosocial Intervention in Emergency and Disaster Situations Online, October to November 2013.
- Mindfulness with Dr. Emilio Vercillo. Palma de Mallorca, 2013.
- Integrated Psychopaths: The Dark Triad of Personality in Various Interpersonal Relationships and Contexts Online, May to June 2013.
- Advancing Patient Autonomy, April 2013.
- Venlafaxine Depression Treatment Guide. Palma de Mallorca, April to July 2013.
- Multiple Homicides: Psychological Profile and Criminal Investigation of Psychopathic and Psychotic Multicidal Offenders Online, May to June 2013.
- Psychiatry Meetings: Suicidal Behavior. Sevilla, April 2013.
- Prevention of Depression. University of the Balearic Islands, Palma de Mallorca, March 2013.
- Critical Reading of Scientific Articles. Madrid, February 2013.
- Basic CPR. Palma de Mallorca, November 2012.
- Communication Skills with Patients. The Clinical Interview. Palma de Mallorca, 2012.
- Update on Comprehensive Care for Severe Mental Disorders. Introduction to Research, Management, and Quality in Mental Health Services. Palma de Mallorca, March to June 2012.
- Communication Skills with Depressive Patients. Online, February to December 2012.
- Forensic Psychiatry. Online, January to March 2012.
- Introduction to Medical Treatments in Emergencies and HP Doctor Medical Record Management. Palma de Mallorca, May 2011.
- Emergencies and Evacuation. Palma de Mallorca, May 2011.

## **NATIONAL AND INTERNATIONAL PUBLICATIONS**

- Echevarría Martínez de Bujo M, Moreno Merino P, Capllonch Gamundi MI, Martín Cabrero B, García Caldentey C. Hospital Day Units in Mental Health. In: Ansean Ramos A, et al. Clinical and Healthcare Management Manual in Mental Health. Volume 2. 1st Ed. Spain: Edicomplet; 2012. p. 323-340. ISBN: 978-84-87450-65-5.
- Juan A. Gallego, M.D, M.S.; Emily Blanco, BA; Sehba Husain-Krautter, M.B.B.S; Paula Moreno-Merino, MD; Juan A. del Ojo-Jiménez, M.D; Anthony Ahmed, PhD, Todd Lencz PhD, Anil K. Malhotra, MD. Cytokines in Cerebrospinal Fluid of Patients with Schizophrenia: New Data and an Updated Meta-analysis.

## **POSTERS, PRESENTATIONS, AND ORAL PRESENTATIONS AT CONGRESSES:**

### Posters:

- Ruiz Roselló I, Castillo Flores C, Ortega Torés JL, Parra Bru S, Jaume Batle C, Crespo Uría Y, Raja López I, Moreno Merino P. Comorbidity between bipolar disorder and borderline personality disorder in adolescence. Sevilla, April 2015.
- Parra Bru S, Arnillas H, Jaume Batle C, Moreno Merino P, Pradas Guerrero C, Ortega Torés JL, Ruiz Roselló I, Crespo Uría Y, Raja López I. Typus melancholicus de Tellebanch, endophenotypes, and suicidal behavior. Sevilla, April 2015.
- Moreno Merino P, Pradas Guerrero C, Llabrés Fuster N, García Caldentey C, Jaume Batle C, Parra Bru S, et al. Evolution in mental health unit patients undergoing paliperidone palmitate treatment. XVI World Congress of the World Psychiatry Association. Madrid, September 2014.
- Moreno Merino P, Pradas Guerrero C, Llabrés Fuster N, García Caldentey C, Jaume Batle C, Parra Bru S, et al. Acute psychotic disorder induced by topiramate: the picture at 9 months. XVI World Congress of the World Psychiatry Association. Madrid, September 2014.
- Moreno Merino P, Pradas Guerrero C, Llabrés Fuster N, García Caldentey C, Jaume Batle C, Parra Bru S, et al. Acute psychotic disorder induced by topiramate: the picture at 9 months. XVI World Congress of the World Psychiatry Association. Madrid, September 2014.
- Oberguggenberger R, Ruiz N, Ortega M, Garcias V, Rado F, Roset C, et al. Rapid onset of antimanic effect of Asenapine in psychiatric emergency services. XVI World Congress of the World Psychiatry Association. Madrid, September 2014.
- Parra Bru S, Planelles Font T, Pradas Guerrero C, Martín Cabrero B, Pradana Carrion ML, Moreno Merino P, et al. Obsessive-compulsive disorder with lack of insight / with delusional beliefs: DSM-V, prevalence and prognosis. A case report. XVI World Congress of the World Psychiatry Association. Madrid, September 2014.

- Parra Bru S, Ruiz Roselló I, Ortega Torés JL, Jaume Batle C, Moreno Merino P, García Caldentey C, et al. The trend of Paliperidone Palmitate treatment and assessment of effectiveness and efficiency. XVI World Congress of the World Psychiatry Association. Madrid, September 2014.
- Jaume Batle C, Parra Bru S, Moreno Merino P, Planelles Font T, Traid Sender V, Pradas Guerrero C. Exposure in vivo therapy with response prevention. In relation to a case. XVI World Congress of the World Psychiatry Association. Madrid, September 2014.
- Moreno Merino P, Pradas Guerrero C, Giner Jiménez D, Parra Bru S, Jaume Batle C, García Caldentey C, et al. Neurological, psychiatric, or both symptoms? Psychiatry Meetings: Suicidal Behavior. Sevilla, April 2014.
- Parra Bru S, Jaume Batle C, Moreno Merino P, Pradas Guerrero C, Llabrés Fuster N. Borderline Personality Disorder and Suicidal Behavior. Psychiatry Meetings: Suicidal Behavior. Sevilla, April 2014.
- Moreno Merino P, Castillo Flores C, Giner Jiménez D, Rodríguez Rubio DI, Roca Carratalá JM. Evolution of patients treated with paliperidone palmitate in Mental Health Unit. National Congress of Psychiatry. Sevilla, September 2013.
- Moreno Merino P, Planelles Font T, García Caldentey C, Ribot Miquel M, Pradas Guerrero C. Patient Profile in Liaison Psychiatry. National Congress of Psychiatry. Sevilla, September 2013.
- Moreno Merino P, Íñigo Sánchez L, Castillo Flores C. Chronic Delusional Disorder and Aripiprazole. National Congress of Psychiatry. Sevilla, September 2013.
- Castillo Flores C, Íñigo Sánchez L, Moreno Merino P, Ribot Miquel MA, Parra Bru S, Jaume Batle C. Why do they call it schizophrenia when they talk about Far's Syndrome? National Congress of Psychiatry. Sevilla, September 2013.
- Moreno Merino P, García Caldentey C, Misiego Peral JM. Cotard Syndrome. Psychiatry Meetings: Suicidal Behavior. Sevilla, April 2013.
- Moreno Merino P, Misiego Peral JM, Félez Viñas A, Ribot Miquel MA, García Caldentey C. Simple Schizophrenia, Not So Simple. Psychiatry Meetings: Suicidal Behavior. Sevilla, April 2013.
- Ribot Miquel MA, Moreno Merino P, García Caldentey C, Misiego Peral JM. The Bipolar Princess. Psychiatry Meetings: Suicidal Behavior. Sevilla, April 2013.
- García Caldentey C, Ribot Miquel MA, Moreno Merino P, Vercillo E. What happened to me, happens to me, and weighs on me. Schizophrenia vs. dissociative disorder. Psychiatry Meetings: Suicidal Behavior. Sevilla, April 2013.

- Chacártegui Quetglas B, Vercillo E, Pradas Guerrero C, Nicolau J, Llabrés Fuster N, Ribot Miquel M, et al. In No Man's Land. XX National Congress of Legal Psychiatry. Palma de Mallorca, June 2011.
- Chacártegui Quetglas B, Cid M, Pradas Guerrero C, Llabrés Fuster N, Ribot Miquel MA, García Caldentey C, et al. Involuntary Admission: Legal? Lawful? Case Study. XX National Congress of Legal Psychiatry. Palma de Mallorca, June 2011.

### **Educational Collaborations / Lectures:**

- Schizoaffective Disorder: Definition, Historical Evolution, Diagnostic Criteria, and Treatment. Lecture given at the Janssen Basic Research Center, Toledo, February 2014. Sponsored by Janssen Laboratories as part of an educational event titled "Research and Development in Psychiatry."
- Schizoaffective Disorder: Definition, Historical Evolution, Diagnostic Criteria, and Treatment. Lecture given in Palma de Mallorca, April 2014. Sponsored by Janssen Laboratories.